

ages 0-4

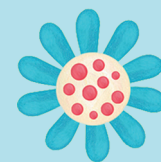


Yoga Bug

Simple Poses for Little Ones

Countertop Book Display

Flutter like a butterfly, twist like a grasshopper, wiggle like a beetle! Kids love bugs—so, what better way to teach them the healthy joys of yoga than with the help of our multi-legged friends? For infants to four-year-olds, this delightfully illustrated board book gives young people and their caregivers ten simple and authentic poses that will benefit children for a lifetime.



About the Author

Sarah Jane Hinder is a yoga and mindfulness teacher and the illustrator of several bestselling children's picture books, including *Good Night Yoga* and *Good Morning Yoga* (with Mariam Gates, Sounds True, 2015, 2016). She lives in Manchester, UK, where she creates her work and teaches yoga classes. For more information, visit sarahjanehinder.com/yoga.



Individual Book Details

Board book • 24 pages • 6" x 6"
US \$9.95 • ISBN: 978-1-62203-979-1

Display Details

Holds: 5 books
Dimensions: 5½" wide x 12" high x 4" deep (including header)
Retail value: \$49.75 • ISBN: 978-1-68364-168-1

