

ages 0-4

Yoga Bear

Simple Animal Poses for Little Ones

Countertop Book Display

"Big furry paws. Cuddly growl and hold your feet."
In *Yoga Bear*, the second of Sounds True's yoga board books, very young readers join Bear, Snake, Elephant, and other jungle friends for a fun and authentic yoga flow. Complete with a flow guide for grown-ups, *Yoga Bear* is sure to become a story-time favorite.

About the Author

Sarah Jane Hinder is a yoga and mindfulness teacher, the author of *Yoga Bug*, and the illustrator of several bestselling children's picture books including *Good Night Yoga* and *Good Morning Yoga*. She lives in Manchester, England. More at sarahjanehinder.com.

Display Details

Holds: 5 books
Dimensions: 5½" wide x 12" high x 4" deep (including header)
Retail Value: US \$49.75 • ISBN: 978-1-68364-374-6

Individual Book Details

Board Book • 24 pages • 6" x 6"
US \$9.95 • ISBN: 978-1-68364-075-2

